8650 MINNIE BROWN ROAD SUITE 114 HONTGOHERY, AL. 36117 OFFICE: 334 215,4452 FAX: 334 215,4453 SECURITY: 334 279,8358

W W W , W Y N L A K E S H O A . C O M

HOMEONNERS! ASSOCIATION



JULY

TWO THOUSAND EIGHT

THIS
ISSUE:

Women's Club

Birthdays 2

Wynlakes sign- 2

Reminders 3

Golf Cart Injuries 4

The Value of Plants & Landscaping

Security 5

Going Green 6

Recycling 7



A note from the General Manager:

1. Celebrate the birth of our great nation with your neighbors. The Wynlakes Homeowners' Association and Wynlakes Golf & Country Club share the cost of expenses. Take advantage of the spectacular fireworks:

Friday - July 4th 8:30 PM – Country Club grounds!

- 2. It is almost time to elect our Neighborhood Representatives and Board of Directors for the upcoming year; please volunteer and take an active role in your community. Thank you to all who have volunteered!
- 3. After honoring the red, white, and blue, let's turn our attention toward ways to go green. Minor changes- like recycling or using alternative cleaning materials- add up to real benefits for our planet, not to mention your health and happiness. Turn to page 6 & 7 for more green tips.
- 4. Speaking of green, the Landscape Committee continues to progress— we have been working with Scott Jones of Site Solutions to keep the value of this premier community appreciating. The Design Development Drawings which show the enhanced front entrance and Wynlakes Boulevard were presented to the Landscape Committee and the Board of Directors. The next presentation will be to the Neighborhood Representatives on Tuesday, August 12th at their quarterly meeting.

Have a safe and wonderful summer!

~ Janine Schoudel



Wynlakes Women's Club

Installation of new officers

On May 1st, a luncheon was held at the Renaissance Hotel with 51 women in attendance. A highlight was the tour of the spa and outdoor pool. Following the luncheon, Joan Crocker read the slate of officers for 2008-09.

(From L—R back row) Sandy Roehm, Historian; Ann Parramore, Secretary; Ann Michaud, Newsletter; Gracie Hanchrow, Telephone Committee; Lynda Turner, VP Programs;

(From L—R front row) Bea Walton, Sunshine Center; Norma Moore, President; Judy Sandlin; VP Membership; Faye Baggiano, President Emeritus; and Barbara Hailes, Treasurer.

Birthdays!

Happy Birthday!

July

Nancy Banker ~ 5

Norma Moore ~ 8

Bill Allison ~ 9

Fran Dukes ~ 10

Steven & Yvette Gorden ~ 11

Mike Irwin ~ 11

Maryanne Farrar ~ 13

Henry van Arcken ~ 15

Lem Gorden ~ 17

Cheryl Kiefer ~ 17

Janine Schoudel ~ 17

Shirley Hager ~ 18

Roy Hager ~ 26

Mickey Phillips ~ July 28

Jamison Farrar ~ 31

August

Jack Hanchrow - 2

Randal Brown ~ 3

Rhonda Figh ~ 3

Tony McCullough ~ 6

Kristen Banker ~ 11

Cota Cheek ~ 11

Chris Schoudel ~ 13

Nila Chiabotti ~ 25

Taylor Brown ~ 27

Rhonda Cheek ~ 30

September

Abi Capouya ~ 1

Josie Gorden ~ 1

Becky Monroe ~ 2

Brett Banker ~ 7

Lewis Figh ~ 7

Kathryn van Arcken ~ 13

Jeannette Hendryx ~ 15

Bruce Pickette ~ 15

Rita Pickette ~ 16

Carol Brown ~ 21

Bill Mattison ~ 21

Carmen McCullough ~ 22

Dick Harruff ~ 24

Martha John Allison ~ 30

To submit a birthday or special occasion—send an email to wynlakeshoa@yahoo.com

Wynlakes Signage~ The correct For Sale sign for Wynlakes is green, black, & white with the Wynlakes logo which may be purchased at Landmark Signs (264.0267). Any additional signs to include open house, pool, reduced price, sold, realtors' name, & pending sale must be in the same colors. Balloons & "take one" signs are not allowed. Open house signs may be placed out Friday evening after 4 PM & removed Sunday by 5 PM. Any signs that do not meet the requirements will be removed by Security.

	Board of Directors		
1	1.	Lewis Figh, Treasurer	279.6849
	2.	Darrel Warner	277.0133
1	3.	Spencer Swan	271.2378
	4.	John Chambless	260.0608
	5.	Wayne Sandlin	277.8979
1	6.	Wally Hester, President	396.8735
1	7.	Tony Baggiano	277.1911
1	8.	Jean Mattison, VP / Sect	409.0290
İ	9.	Jerry Medley	272.4180
ļ			

THE WYNLAKES HOMEOWNERS' ASSOCIATION DOES NOT SPECIFICALLY RECOMMEND OR ENDORSE THE INDIVIDUALS, SERVICES, BUSINESSES OR PRODUCT'S LISTED, AND CANNOT BE HELD RESPONSIBLE OR LIABLE FOR ANY PUBLISHED AD.



Professional counseling and care for the mind, body and spirit.

Individual, marital and family counseling for adults, children and adolescents.

Dr. K. Blake Horne, LMFT
Nancy W. Thomas, LPC
Dr. Wayne Perry, LMFT
Dr. Sydney H. Garner, Clinical Psychologist
Dr. Kenyon Knapp, LPC
Tim Goode, LMFT
Dr. John Mark Trent, LMFT
Dr. Nelson Handal, Psychiatrist

2911 Zelda Road • Montgomery, AL 36106 • Phone: 334-262-7787

State Licensed and Insured Electrical Contractor

Specializing in:

Installation and Repair

New Construction and Remodeling

SPENCER ELECTRIC COMPANY, LLC



Tel: 657-8700

Fax: 277-6043

Email: md_spencer@charter.net

REMINDERS:



- * All exterior work on a house or site must be approved <u>before</u> work begins. Contact our office for the appropriate form.
- * It is a law that you must have your dog on a leash, and as a sign of good citizenship, clean up after your pet.
- * After a storm, please put fallen tree limbs on the curb, not in the street.
- * Wynlakes does not have white lines painted down the middle of our streets. Please keep to your side of the road, not down the middle.
- * All basketball backboards and any other fixed play structures are subject to approval by the DRB and shall be located at the side or rear of building. ALL play equipment shall be located where it will have minimum visual impact to adjacent properties.
- * Garbage pickup for July 4th— routes will run TUESDAY & THURSDAY and for Labor Day—routes will run WEDNESDAY & FRIDAY.

Golf Cart Injuries



About 1,000 Americans a month are being injured in golf cart accidents, with many mishaps occurring off the links as the tiny, low-cost vehicles are increasingly used for general transportation, according to a UAB study released June 10, 2008.

The study is the first to estimate the number of golf cart injuries in the United States, it says. It found that golf carts are routinely involved in collisions and rollovers as well as other accidents in which people fall or are flung from the vehicle, said Gerald McGwin, associate director for research at the Center for Injury Sciences at the University of Alabama at Birmingham.

The study—published in the Journal of Trauma: Injury, Infection, and Critical Care —-was conducted after doctors at UAB treated a number of serious injuries suffered in golf cart accidents, McGwin said.

There are about 1,000 golf cart accidents a month. Roughly half the accidents occurred on golf courses, the other half at homes, on streets and on other public property. They are quite dangerous, especially when used on public roads. Fractures and head trauma were the most common injuries found in the study. The highest injury rates were found in 10 to 19 year olds and men older than 80.

There are a hodgepodge of state and local regulations governing golf carts. But in Alabama, it is illegal to operate an unlicensed vehicle, including a golf cart, on public streets.

Did you know: The Value of Plants and Landscaping

- Landscaping can add between 7 and 15% to a home's value. Source: The Gallup Organization
- Homes with "excellent" landscaping can expect a sale price about 6 to 7% higher than equivalent houses with "good" landscaping. Source: Clemson University
- Landscaping can bring a recovery value of 100 to 200% at selling time. Kitchen remodeling brings a 75 to 125% recovery rate. Source: Money Magazine
- In one study, 99% of real estate appraisers concurred that landscaping enhances the sales appeal of real estate. Source: Trendnomics, National Gardening Association.
- Landscaping can reduce air conditioning costs by up to 50%, by shading the windows and walls of a home. Source: American Public Power Association
- Trees can reduce bothersome noise by up to 50% and can mask unwanted noises with pleasant sounds. Source: U.S. Environmental Protection Agency.



Wynlakes
Security
279.8358

Over the past several months, Wynlakes Security has worked tirelessly and put forth tremendous effort towards solving the recent problem of automobiles being broken into in the Wynlakes community. In addition to carrying out all of our normal overnight duties, including making scheduled patrols, locking up the clubhouse and tennis buildings, making a nightly list of covenant violations of vehicles parked on the street, listing street lights that need replacing or repaired, assisting residents in securing their vehicles that might have been left open or with lights left on, and responding to complaint calls or handling any suspicious activities, we have also spent countless hours outside of Wynlakes, searching for the hidden vehicle driven by the criminal that has been committing the latest rash of crimes.

In the early morning hours of Wednesday, June 11th, all the effort and hard work paid off when a vehicle belonging to a known suspect was found by Security parked in a business parking lot at 1772 Taliaferro Drive. Security contacted the two police officers working for Wynlakes that night, Cpl. Alford and Cpl. Reaves. Over the next three hours or so, Security and Cpl. Alford watched the vehicle, while Cpl. Reaves attempted to find the suspect inside of Wynlakes. At approximately 5:00 AM, the suspect returned to his vehicle and attempted to leave the area. Security notified Cpl. Alford that the subject was on the move; Cpl. Alford got behind the vehicle and attempted to pull it over. He refused to pull over and a chase ensued which eventually involved several police units as well as at least two Montgomery County units. Eventually the vehicle was stopped and he was taken into custody. He had in his possession checks he had stolen out of a vehicle parked in the drive of a home in Wynridge. The victim was contacted and agreed to press charges against him.

The suspect has a long history involving crimes committed in Wynlakes, and the entire east side of Montgomery. This makes the fourth time he has been caught and sent to prison for those crimes. Hopefully, this time he will spend several years behind bars. The level of crime inside of Wynlakes will most certainly be decreased now that he has been caught.

The police officers working for Wynlakes were an enormous help in the efforts to get this matter cleared up. They provided information that Security had requested regarding vehicles the suspect was known to drive, as well as areas that he was reported to have been seen during the overnight hours. They also responded any time that Security found a suspicious vehicle or any suspicious activity during the night.

We are all very happy and relieved to have finally ended his personal wave of crime in the area. Hopefully the residents of Wynlakes can rest a little easier from now on, knowing that this lifelong criminal is again off the streets and back in prison, where he belongs. Thanks for your support in our efforts to keep Wynlakes safe.

Capt. M. Faust ~ Wynlakes Security

Going Green Is Easier Than You Think!

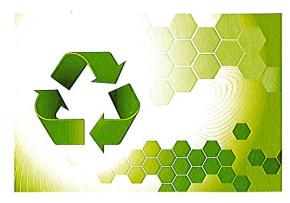
Being eco-friendly doesn't require going solar, or growing your own food. There are plenty of easy ways to live "green". When it comes to the environment, being a good global citizen starts in your home.

It may be a cliché, but the best way to be eco-friendly is to cut down on what you consume and recycle whenever you can. The U.S. generates about 208 million tons of municipal solid waste a year, according to the National Institutes of Health. That's more than four pounds per person, per day. Every little bit helps.

Here are 10 easy steps for green living!

- 1. **Use Green Cleaning Products** Common cleaning products are a host for toxic chemical compounds that are directly linked to cancer, & are major contributors to our environmental devastation.
- 2. **Install A Water Filter** Clean, safe water without all the waste. There's a whole host of different water filters to choose from. Visit <u>www.modernecohomes.com</u> for options.
- 3. **Use Energy Efficient Light Bulbs** There are stocks of energy efficient light bulbs for every kind of light fixture. 90% of electricity is lost by heat in incandescent (regular) bulbs. Energy efficient bulbs produce the same amount of light, using ¼ of the energy.
- 4. **Use Recycled Paper Products** Choose unbleached or naturally bleached. Every year more than 900 million trees are cut down for US paper and pulp mills. We throw away enough paper to build a 12-foot wall from New York to California every year! Choose 100% post consumer paper whenever possible.
- 5. **Purify Air With House Plants** Plants are not just nice companions, they are effective air purifiers! The EPA estimates that indoor air is 2 to 10 times more polluted then outdoor air. Building materials, carpets, cleaning products, computer circuitry, are just a few of the household items that release pollutants.
- 6. **Stop Using Pesticides And Synthetic Outdoor Fertilizers** Pesticides are intentionally toxic. 90 million pounds per foot of pesticides are used on lawns in the US alone. These poisons devastate our ecosystem. Many of them never break down, contaminating water & causing serious harm to animals & humans. Migrating indoors via foot traffic, these toxic chemicals do not degrade & collect in the house. Opt for natural or organic lawn care.
- 7. Choose "Green Energy" Options Through Your Electric Utility How cool is it that so many utility companies offer "green energy" options. This is a way to personally stop using fossil fuels. Sign up and help save the world!
- 8. **Use Cloth Over Paper and Plastic** Each of us uses 700 pounds of paper products per year, which makes up 1/3 of what goes into landfills. Use cloth towels, napkins & reusable bags as a smarter eco choice. Choose organic whenever possible. It's better for you and the planet. Visit www.modernecohomes.com for some alternative choices.
- 9. **Be Wise with Laundry** Use biodegradable detergent & oxygen bleach. Wash with cold water to save energy, and hang dry what you can, to save money and energy on electric. Buy an Energy Efficient washer and dryer that use 50% less water and energy.
- 10. **Get Off Junk Mail Lists/ Recycle Paper** More then 62 billion pieces of unsolicited junk mail arrive in American mailboxes every year. Each of us receives about 41 pounds of junk mail annually and 44% of it ends up in landfills, unopened. There are ways to eliminate unsolicited mailings. It just takes a little research.

Going green can be as simple as changing a few of the ideas suggested above, to buying recycled furniture, accessories, eco paints, organic bed sheets & towels. There are many beautiful & creative choices for the eco conscious consumer. For a great selection of eco-friendly items, visit Modern Eco Homes at www.modernecohomes.com



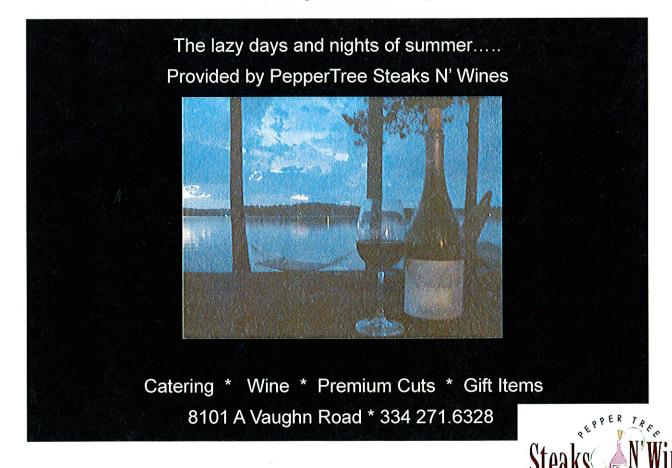
Recycling Facts

- Throwing away one aluminum can wastes as much energy as pouring out a cup of gasoline.
- Every ton of recycled paper produced saves approximately 17 trees.
- This newsletter was printed on recycled paper!

Going green with orange!!

An orange bag is all the effort it takes to be "green" and recycle your trash. "Cans, plastic bottles, papers, magazines—70% of what people throw in their trash—could be recycled." says Susan Carmichael, director of the Montgomery Clean City Commission. While only 40% of Montgomerians participate in the curbside recycling program, there is no good reason not to. All it takes is one call to 241.2925 to receive your orange bag and recycling instructions. The city will tie an orange bag to your garbage can and will pick it up on Friday.

You do not even have to separate your items; everything can be placed together in the orange bag. Recyclables include aluminum beverage cans, steel cans to include soup and vegetable cans, newspapers, magazines, cereal boxes, plastic items labeled No. 1 or 2 in the triangle space on the container, and even your old phone books! Sorry ~NO GLASS OF ANY KIND.



DO YOU SUFFER FROM

AGONIZING SPINAL DISC FAILURE?

BACK PAIN? NECK PAIN? NUMBNESS? TINGLING?

ANNOUNCING the Spine Reconditioning System or SRS THERAPY ™ at Sturbridge Chiropractic. We use a comprehensive approach to treating back pain as an alternative to surgery. It's called Spine Reconditioning System or SRS Therapy. The focus of SRS Therapy is to combine modern and traditional technologies in back pain treatment into one comprehensive back therapy system. This allows us to treat the underlying causes of back pain…not just the symptoms. This is a proven alternative to other therapies and surgery. Studies show up to a 75% success rate in the relief of pain. The first step is designed to repair the damage to the spinal disc without invasive, risky surgery. The second step is designed to strengthen and stabilize the muscles and joints surrounding the spine. SRS Therapy is performed over a series of treatments. Treatment typically includes disc decompression therapy, spinal manipulation and adjunctive therapies. Patients remain fully clothed while these relaxing procedures are performed. In fact,

WHAT DO OUR CUSTOMERS HAVE TO SAY?

"A surgeon told me that I had arthritis in my back and my legs". "It was so bad you could hardly stand it". "So that really got me to thinking". "Well I came over here and I was on a walker at the time. And after my third trip here I got off of my walker". "I don't really ache anymore like I did and I don't have the back problems I had". "Everybody's been real nice to me". –Earl K.

it is not uncommon for patients to fall asleep during treatment.



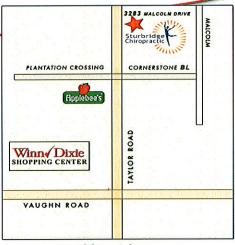


"I've had 2 back surgeries in the past 4 years. And now I have another bulging disc and this is why I decided to come here". "My back has felt better than it has in a long time". "Actually I feel a little stronger". "I'm actually getting a little braver trying to do things I wasn't able to do before like water skiing, playing golf, playing basketball, baseball". "It's been wonderful". —Jimmy F.

*OVER 200,000 PROCEDURES PERFORMED.

ABOUT STURBRIDGE CHIROPRACTIC:

At our clinic we focus upon the diagnosis and treatment of spinal related problems, and all the related components of the spine including the vertebrae, discs, nerves, the nervous system, and all the soft tissue surrounding the spine. In fact our office has performed well over 200,000 individual procedures or services specifically designed to diagnose or treat muscular skeletal problems. Our office has been voted #1 for chiropractic services in Montgomery County for three years running. We are at our NEW location at 3283 Malcolm Drive, "Taylor Rd one block south of Vaughn".



www.withoutdrugs.com

CALL NOW TO SEE IF YOU QUALIFY FOR THIS EXCITING TREATMENT!

J Hart, DC | D Havel, DC | H Kwasman | L Lemon, DC | T Woody, DC (334) 356-1111