

# BACK PAIN AFFECTING YOUR GOLF GAME? IS IT KEEPING YOU OFF THE COURSE ALL TOGETHER?



## ANNOUNCING the Spine Reconditioning System or SRS THERAPY™ at Sturbridge Chiropractic.

We use a comprehensive approach to treating back pain as an alternative to surgery. It's called Spine Reconditioning System or SRS Therapy™. The focus of SRS Therapy™ is to combine modern and traditional technologies in back pain treatment into one comprehensive back therapy system. This allows us to treat the underlying causes of back pain...not just the symptoms. This is a proven alternative to other therapies and surgery. Studies show up to a 75% success rate in the relief of pain. The first step is designed to repair the damage to the spinal disc without invasive, risky surgery. The second step is designed to strengthen and stabilize the muscles and joints surrounding the spine. SRS Therapy™ is performed over a series of treatments. Treatment typically includes disc decompression therapy, spinal manipulation and adjunctive therapies. Patients remain fully clothed while these relaxing procedures are performed. In fact, it is not uncommon for patients to fall asleep during treatment.

**\*OVER 200,000 PROCEDURES PERFORMED**

[www.withoutdrugs.com](http://www.withoutdrugs.com)

2005-2008 #1 Chiropractor Office  
2009 #1 Best Place to Work  
2009 #1 Doctor's office  
2009 #1 Chiropractor



## ABOUT STURBRIDGE CHIROPRACTIC

At our clinic we focus upon the diagnosis and treatment of spinal related problems, and all the related components of the spine including the vertebrae, discs, nerves, the nervous system, and all the soft tissue surrounding the spine. In fact our office has performed well over 200,000 individual procedures or services specifically designed to diagnose or treat muscular skeletal problems.

3283 Malcolm Drive, Montgomery, AL 36116  
"On Taylor Road one block south of Vaughn!"

**(334) 356-1111**



8650 MINNIE BROWN ROAD  
SUITE 114  
MONTGOMERY, AL 36117  
OFFICE: 334 215.4452  
FAX: 334 215.4453  
SECURITY: 334 279.8358

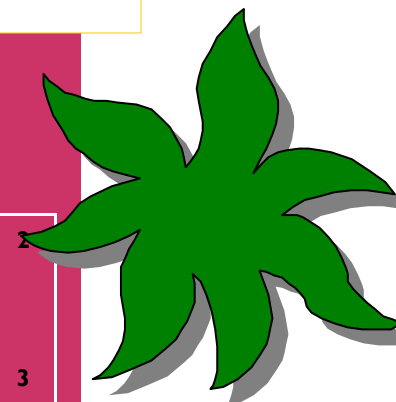
[WWW.WYNLAKESHOA.COM](http://WWW.WYNLAKESHOA.COM)

*Wynlakes*  
HOMEOWNERS' ASSOCIATION



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## Spring has Sprung

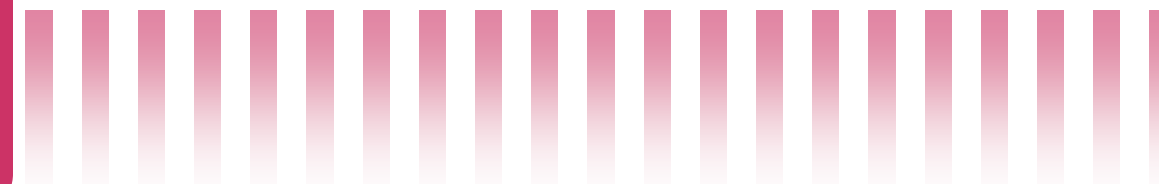
After this bitter winter, spring is especially welcome. Please take this time to look around your property and see what is in need of repair or painting. Our home is often our biggest investment and we need to make sure it retains its value. We do regularly scheduled maintenance on our cars to keep them running; we need to do the same thing for our homes. Step out to the curb and take a picture of your home. Does it portray the picture you want? One house in a neighborhood that looks neglected can impact your sale price. Unfortunately as Wynlakes ages, homes will need more and more care. Please be a good neighbor and do your part to maintain this premier community.

In that same spirit, please remember to get all exterior work approved in advance. So often we write letters asking if you are doing renovations because someone called or Security noticed a change or heavy equipment on the property. If changes are made without approval, you may be liable for fines or required to return it to the original state.

**Concern:** It has been brought to our attention several homeowners have failed to remove holiday decorations in a timely manner. We have received several complaints about this and have decided if decorations remain after the season, they are considered lawn ornaments and must have DRB approval. Please be a considerate neighbor and remove all decorations after the season is over.

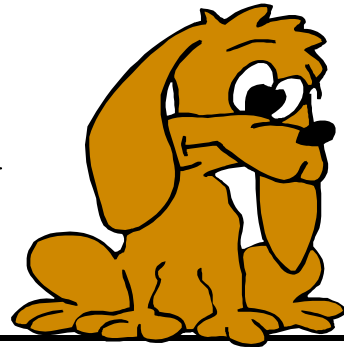
**Board of Directors:** District 1 has had a change; Mr. Wakefield is unable to continue to serve but did agree to help, as needed. Many thanks, Mr. Wakefield, for your expert advice. Mr. Learn Owens has consented to finish out the term. We appreciate his help and experience as a Director since he has served many years as a Neighborhood Representative.

April  
2010



**THE WYNLAKES HOA DOES NOT SPECIFICALLY RECOMMEND OR ENDORSE THE INDIVIDUALS, SERVICES, BUSINESSES OR PRODUCTS LISTED, AND CANNOT BE HELD RESPONSIBLE OR LIABLE FOR ANY PUBLISHED AD.**

*Please be courteous to your neighbors and clean up after your dog.*



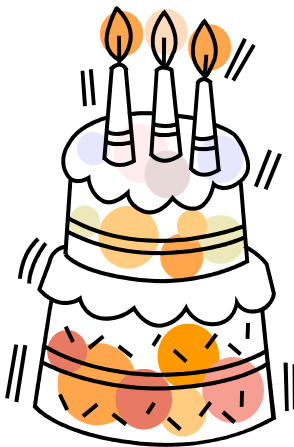
**SECURITY :**

Call the Vaughn Road Guardhouse at 279-8358. Please remember to notify the guards when a break in of any kind occurs in Wynlakes. We were surprised to read in the paper about two cars broken into on Mid Pines. We can ask Security to patrol that area more often if we know there is a problem.

Please note we have a new security vehicle: a 2010 white Hyundai hatchback.



# Birthdays!



**April**

- 5 ~ Becky Lindey
- 7 ~ Lee Anne Miller
- 20 ~ Meagan Thomas
- 21 ~ Merrily Burgos
- 24 ~ Kim Boatfield
- 26 ~ Grant Harris

**May**

- 5 ~ Eric Cheek
- 17 ~ J. Clark Ward
- 19 ~ Wayne Sandlin
- 20 ~ Isabella Capouya
- 23 ~ Rob Sandlin
- 26 ~ Tes Neal

**June**

- 7 ~ Steve Linder
- 8 ~ Kathy Schoudel
- 14 ~ Stephen vanArcken
- 16 ~ Lynn Samuels
- 19 ~ Frank Wells
- 20 ~ Ann Phillips
- 21 ~ Madison Johnston
- 22 ~ Ollie Currie

**Happy Birthday!**

To submit a birthday or special occasion— send an email to [wynlakeshoa@yahoo.com](mailto:wynlakeshoa@yahoo.com)

**Manager's Notes**

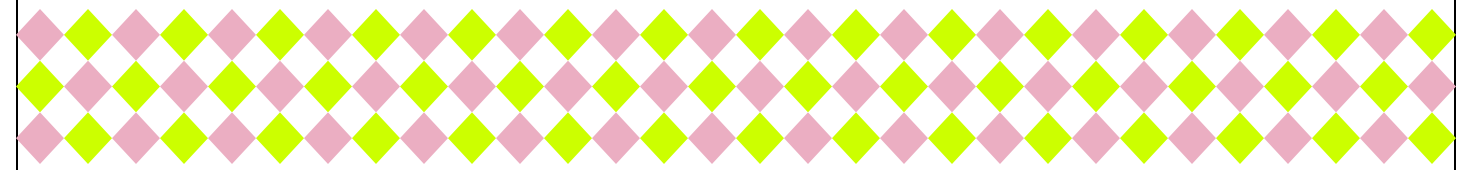
The Wynlakes Homeowners' Associations is responsible for the common areas of Wynlakes and private property that does not meet the covenant requirements, but has no authority to handle neighbor to neighbor disputes or problems with pets. It is also the HOA's policy that we do not use names when we write letters to violators nor do we discuss names over the phone so please know your privacy will be respected. We appreciate all comments, suggestions, and recommendations. Please call us at 215-4452 or email us at [wynlakeshoa@yahoo.com](mailto:wynlakeshoa@yahoo.com). Don't forget to check out our website at [www.wynlakeshoa.com](http://www.wynlakeshoa.com).

## Spring Cleaning Early

We started early this year with our spring cleaning and had the inside of the guard houses cleaned and painted . We discarded some very old furniture and bought new chairs. Additionally, we initiated a NO SMOKING policy in the guard houses and the new security vehicle. The steps around the Vaughn guard house were repaired as they were unsafe; and, we had to replace the heat pump at the Pinecrest Gate because it had worn out. All in all, we feel pretty good about the condition of our guard houses. Stop by and check them out!

## Yard Debris

During this very rainy season, leaves raked into the street can clog the drains. Please make sure that your leaves are in your yard waiting to be picked up. Later as we move into summer, grass cuttings or rows of bags can also clog the drains. All of these factors can lead to flooding so please be judicious in how you dispose of your yard debris. Most homeowner request their lawn services remove the debris and this keeps our neighborhood looking nice. Thank you!



## Stop the Rain Dances

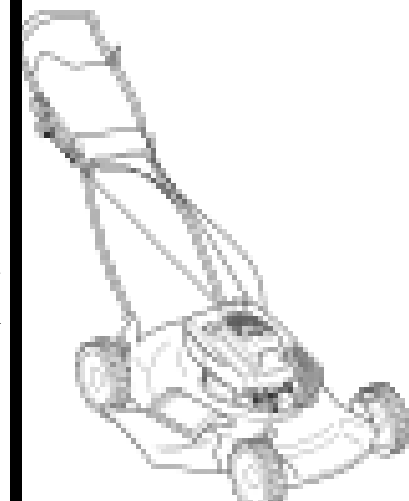
Many residents have called regarding the low water level in the lakes at Wynlakes Blvd between Pinecrest Dr. and Lakeridge Dr. and we are working on resolving the problem. On several occasions, Dennis Weber and the maintenance staff have patched the dams by filling in holes that were dug by turtles but this is not a permanent solution. We had an engineer draw plans and have released them for bids. Four construction companies are bidding on the project now. We expect to select one and start work when the rainy season is over. So we need a 2 –3 week drought...where is a drought when you need one?

## Mid-State Lawn, Landscape, & Irrigation

Jason Deep/ Chris Wren  
Owners

Licensed and Insured

**Call 334 657-3540 or 657-4250**



7956 Vaughn Rd  
#143  
Montgomery,  
AL 36116

**SITE IMPROVEMENTS:**

In accordance with the Wynlakes HOA Covenants, the Modifications Committee **must approve all exterior site improvements. Before you begin work,** please complete an “Application for Site Improvements” form which is required for any improvements to the exterior of your home. This form can be obtained from the Wynlakes HOA office or downloaded from our website at [www.wynlakeshoa.com](http://www.wynlakeshoa.com). The purpose of this approval process is to ensure all properties adhere to applicable covenants and community-wide standards while protecting your investments. This includes all roofs, fences, pools, additions, patios, seawalls, decks, landscaping, driveways, painting, windows, etc.

**Vacant Lot owners:**

**Please have your lots mowed by the 15th and the 30th of the month. If not, the HOA will have it mowed and send you the bill. It is also necessary to edge around sidewalks and remove all debris.**

**REMINDERS:**

- 1- Please remember to pull your trash can back in on trash pick up day. They do not add to the look of a well kept house or neighborhood.
- 2- Please keep your pets and children off other people’s property.
- 3- Do not use another person’s yard as a cut-through without permission.
- 4- Please be aware that homeowners are responsible for the sidewalk in front of their property and it must be maintained. If you think it is in such bad condition as to warrant a safety hazard, it is your responsibility to call the city at 241-2880.
- 5- Golf course and paths are private property.
- 6- The owner of a unit shall provide, install and maintain the common design mailbox as described by the DRB. Approved boxes can be ordered through the HOA office. Some of the mailboxes not approved by the DRB are in need of painting.
- 7- Lock your car doors and keep your garage doors closed when possible. Wallets, purses, packages, cell phones, lap tops, or firearms left in a vehicle, as well as open garage doors, are a clear invitation to criminals. Recently, two vehicles were broken into on Mid Pines.
- 8- Please add Wynlakes Security to your alarm company call-up list. The Security Officers can respond much quicker than the police.
- 9- Article 7.17 of our covenants states that all garbage and trash containers, oil tanks, bottled gas tanks and swimming pool equipment and housing must be underground or placed in walled in areas or landscaped areas so that they are not visible from any adjoining property.
- 10- It is important to provide your Neighborhood Rep with your email address so you can be kept up to date on all

We have listed the rest of the districts so everyone can find the one they live in. This information is important as the Neighborhood Representative votes for you.

<b>District # 5 A</b> Longneedle Dr.	<b>District # 8 A</b> 7132, 7140, 7148, 7156, 7164, 7172 Wynlakes Blvd
<b>District # 5 B</b> Longneedle Place	7141, 7400, 7000-7028 Wynlakes Blvd 7209, 7217, 7225, 7233, 7241 Brisbane Place
<b>District # 5 C</b> Westlakes Place 7918-8000, 8012, 8018, 8030, 8036 Lakeridge Dr. 8042, 8048, 8054, 8066, 8072 Lakeridge Dr. 8200, 8206, 8212, 8218, 8224, 8230 Wynlakes Blvd. 8236, 8300, 8306, 8312, 8318 Wynlakes Blvd	7249, 7257, 7263, 7306-7347 Brisbane Place <b>District # 8 B</b> Fairwoods Place Pinecrest Dr. Timbermill Ct. 7240-7316 , 7324, 7332, 7340 Wynlakes Blvd
<b>District # 6 A</b> Harbinger Ct., Glade Ct. 7719-7737 Lakeridge Loop 7611, 7619, 7625, 7633-7641, 7700-7806 Lakeridge Dr.	<b>District # 8 C</b> Wyngrove Ct., Wyngrove Drive 7149, 7157, 7165, 7173, 7235 Wynlakes Blvd Brisbane Court
<b>District # 6 B</b> 7820-7901, 8001 Lakeridge Dr. Old Marsh Way, Westchester Place	7200, 7208, 7216, 7224 Brisbane Place 7232, 7240, 7248, 7256 Brisbane Place 7264, 7272, 7282, 7300 Brisbane Place
<b>District # 6 C</b> Westhampton Ct.	<b>District # 9 A</b> 9642 Bent Brook
<b>District # 7 A</b> Lillian Place	<b>District # 9 B</b> 9801-9861 Bent Brook
<b>District # 7 B</b> 7520-7532, 7538, 7544, 7550, 7558 Lakeridge Dr. 7564, 7574, 7580, 7586, 7612, 7620 Lakeridge Dr. Old Southwick Place	<b>District # 9 C</b> Winfield Court & Winfield Place
<b>District # 7 C</b> Wynford Circle, Wynford Place 7501-7515, 7521, 7527, 7533,7545 Lakeridge Dr. 7551, 7559, 565, 7575, 7581, 7587 Lakeridge Dr.	Please keep your Neighborhood Reps informed of concerns in your area so they may present them to the Board Director. Or you may call them in to the HOA office at 215-4452.



# SOS POOLS, Inc.



Specializing in Gunite Pools & Concrete

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Sand Blasting, Resurfacing and Painting

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Pump & Filter Replacement

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Ponds & Fountains

Monthly cleaning service

Driveways, decks and sidewalks

References Available



### DUES

Homeowners' dues are due **January 1st and July 1st**. Invoices will be mailed only Jan 1 and Jul 1. The Homeowners' Association enforces all rights and remedies allowed for the collection of delinquent dues to include a \$25.00 fee with the third letter. To avoid finance charges, attorney's fees, and other collection enforcement, dues should be paid in a timely manner.

### Well Maintained Yard

The Wynlakes HOA Covenants Committee considers the community standards of a "well maintained yard" to be:

- \* Routinely mowed (once per week in the heavy growing season)
- \* Sidewalks and driveways routinely edged
- \* Grass and weeds in cracks in the sidewalks and driveways removed or killed by herbicides
- \* Shrubbery neatly trimmed
- \* Any part of the driveway visible from the street free from clutter
- \* Dead grass and shrubbery removed and/or replaced.



### Tired of painting?

Try maintenance free vinyl wrapping on the eaves and overhang of your home! Even on close inspection, it is difficult to tell this is not wood. Some homes in Wynlakes are now sporting this new look.

### FREE ESTIMATES

Simonton Vinyl Replacement Windows Available

B &B Vinyl Siding

Bob Coon & Sons

827 Bishop Trail

Montgomery, AL 36105

PHONE: 334.288.3000

### New Energy Efficient Windows from Vista now come in colors

Vista vinyl replacement windows improve U & R values which qualifies them for the new energy efficiency tax credit up to \$1,500.00 and lowers your heating bills. They also reduce transmission of UV light that is responsible for fading drapes and furniture. Plus they now come in **twelve colors** and **four wood grains**.

**B & B Vinyl Siding is the exclusive dealer of this new and exciting product. Please give them a call and let them show you how you can make your house easier and less expensive to maintain.**

